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ASUHAN KEPERAWATAN KLIEN YANG MENGALAMI GAGAL GINJAL
KRONIK DENGAN KELEBIHAN VOLUME CAIRAN
(Studi di RSUD Bangil Pasuruan)

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ABSTRAK

Pendahuluan Gagal ginjal kronis merupakan suatu gangguan fungsi renal yang progresif dan ireversibel yang membuat tubuh gagal untuk mempertahankan metabolisme dan keseimbangan cairan dan elektrolit. **Tujuan** penelitian ini mampu memberikan asuhan keperawatan pada klien gagal ginjal kronik dengan masalah kelebihan volume cairan. **Metode** penelitian ini menggunakan metode studi kasus, pada 2 klien gagal ginjal kronik dengan masalah kelebihan volume cairan. Pengumpulan data dengan cara wawancara, observasi, pemeriksaan fisik. Analisa data dengan cara pengumpulan data, pengkajian data, kesimpulan. **Hasil** penelitian: sari peserujuan, tanpa nama, kerabaksaan. **Hasil** penelitian didapatkan data klien 1 mengatakan sakit pingang, sesak nafas, wajah dan kaki tiba-tiba bengkak suhu: 36 °C, nadi: 84 x/menit, respirasi: 30 x/menit, tensi darah: 150/100 mmHg, edema pada wajah ekstremitas bawah pitting edema >4 detik, CRT >2 detik. Sedangkan klien 2 mengatakan mudah lelah, mual, sakit pingang tangan dan kaki terasa bengkak, suhu: 37 °C, nadi: 82 x/menit, respirasi: 24 x/menit tensi darah: 140/100 mmHg, terdapat edema pada ekstremitas atas dan bawah Pitting edema >4 detik, CRT >2 detik. **Kesimpulan** Kesimpulan diharapkan studi kasus ini dapat membuat klien dan keluarga paham tentang proses pejalan penyakit gagal ginjal kronik sehingga klien menjaga pola hidup sehat dengan mengontrol asupan yang dimakan dan minum. **Saran** bagi klien dan keluarga sebaiknya klien rutin berolahraga serta mengikuti anjuran dari dokter.

Kata kunci: Asuhan Keperawatan, Gagal ginjal kronik, Kelebihan volume cairan.

NURSING CARE OF CHRONIC KIDNEY FAILED CLIENTS WITH EXCESS
FLUID VOLUME IN THE MELATI SPACE GENERAL
(Study In The General Hospital Bangil Pasuruan Area)

ABSTRACT

Introduction Chronic kidney failure is a progressive and irreversible disruption of renal function where the body's ability to fail to maintain metabolism and fluid and electrolyte balance. **The purpose** of this study is to provide nursing care to clients of chronic kidney failure with the problem of excess fluid volume. **The methods** of this study used the case study method, in 2 clients with chronic renal failure with excess fluid volume problems. **Data** collection by interview, observation, physical examination. **Data analysis** by data collection, data review, conclusion. **Research ethics:** letter of consent, anonymity, confidentiality. **The results** of assessment on client 1 are shortness of breath accompanied by coughing, physical examination results are nasal lobe breathing, 4 lpm nasal cannula attached, respiration: 30 x / minute, use of breathing aid muscles, there is additional ronchi breath sounds. Whereas on the client 2 main complaints are shortness of breath, physical examination of deep and shallow breathing patterns, there is nasal lobe breathing attached with 4 lpm nasal cannula, and respiration: 30 x / minute, use of respiratory muscles, there is additional ronchi breath sounds. **Conclusion** Conclusion It is hoped that this case