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PENGARUH PIJAT RAHANG BAWAH TERHADAP PENINGKATAN BERAT
BADAN BALITA
(Studi Di Desa Semenkidul Kecamatan Sukosewu Kabupaten Bojonegoro)

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ABSTRAK

Pendahuluan Pemijatan rahang bawah salah satu solusi mengatasi masalah menurunnya nafsu makan, dimana pemijatan pada balita salah satunya dapat meningkatkan kerja saraf *trigeminus* sehingga terjadi peningkatan dalam mengunyah dan diharapkan akan menaikkan berat badan. Tujuan penelitian ini adalah untuk menganalisis pengaruh pijat rahang bawah terhadap peningkatan berat badan balita di desa semenkidul kabupaten bojonegoro. **Metode** penelitian ini adalah menggunakan *pre experimental* Quasien Variabel dalam penelitian ini adalah variabel independen pemberian pijatan variabel dependen peningkatan berat badan balita, jenis penelitian dengan populasi 50 balita dan sampel 25 balita dengan teknik *probability sampling*. Pengelolaan data *editing, coding, scoring* dan *tabulating* dan uji statistik menggunakan uji *wilcoxon*. Penelitian menggunakan *instrument* SOP dan alat timbang berat badan. **Hasil** penelitian diperoleh .BB balita sebelum dipijat turun 0, normal 8 (32%) naik 17 (68%), BB balita setelah dipijat turun 0, Normal 0, naik 25 (100%). Hasil uji *wilcoxon* menunjukkan signifikansi $p < 0,000 < \alpha (0.05)$. **H1** diterima **Kesimpulan** penelitian ini terdapat pengaruh pemberian pijat rahang bawah terhadap peningkatan berat badan pada balita

Kata kunci : Pijat rahang, peningkatan berat badan

*The Effect Of Lower Jaw Massage On Weight Gain For Toddlers
(Study in Semenkidul Village, Sukosewu District, Bojonegoro Regency)*

ABSTRACT

Introduction Lower jaw massage is one of the solutions in solving the problem of decreased appetite in toddlers. The massage can increase the work of the trigeminal nerve so that there is an increase in chewing activities and is expected to gain the body weight. **The purpose** of this study is to analyze the effect of lower jaw massage to the weight gain of toddlers in the village of Semenkidul, Bojonegoro Regency. **The research method** that is used in this research is *pre-experimental* Quasien Variable. The variables which is used are the independent variable namely the provision of massage and the dependent variable is the increase in body weight of toddlers. This research is observing 50 toddler and a sample of 25 toddlers with *probability sampling* techniques. Data management for *editing, coding, scoring* and *tabulating* and statistical tests using the *Wilcoxon* test. The research used SOP instruments and weighing tools. **The results** obtained, the weight of toddlers before massage increased 17 (68%), and the weight of toddlers after massage increased by 25 (100%). *Wilcoxon* test results showed significance $p = 0.000 < \alpha (0.05)$. **The**