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**HUBUNGAN KEPATUHAN KONSUMSI FE (SULFAS FERROUS) DENGAN
KADAR HEMOGLOBIN PADA IBU HAMIL TRIMESTER III**
(Studi Di Puskesmas Sugihwaras Kabupaten Bojonegoro)

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ABSTRAK

Pendahuluan Sampai saat ini anemia masih merupakan masalah gizi utama yang diderita oleh ibu hamil. Program pemberian tablet besi (Fe) pada wanita hamil yang menderita anemia kurang menunjukkan hasil yang nyata disebabkan oleh kepatuhan minum tablet besi (Fe) yang tidak optimal dan status besi Wanita Usia Subur (WUS) sebelum hamil sangat rendah dan juga tingkat kepatuhan ibu hamil mengkonsumsinya belum maksimal. **Tujuan** dalam penelitian ini untuk mengetahui Hubungan Kepatuhan Konsumsi Fe (Sulfas Ferrous) Dengan Kadar Hemoglobin Pada Ibu Hamil Trimester III di Puskesmas Sugihwaras Kabupaten Bojonegoro. **Metode** Penelitian ini menggunakan metode analitik dengan pendekatan *cross sectional*. Penelitian dilakukan pada bulan Juni 2020. Populasi dalam penelitian ini adalah seluruh ibu hamil Trimester III di Puskesmas Sugihwaras Kabupaten Bojonegoro berjumlah 35 ibu hamil, jumlah sampel 35 ibu hamil diambil dengan teknik *total sampling*. Instrumen yang digunakan adalah observasi, kemudian dilakukan pengolahan data melalui *editing, coding, scoring* dan *tabulating* serta analisis data dengan uji *Spearman's Rho*. **Hasil** yang diperoleh dari 13 responden tidak patuh mengkonsumsi Fe, kadar Hemoglobin dalam kategori rendah sebesar 9 orang (25,7%). Dari 22 responden patuh mengkonsumsi Fe, kadar Hemoglobin dalam kategori normal sebesar 16 orang (45,7%) dan hasil uji *Spearman's Rho* didapatkan nilai $p = 0,000$ berarti H_0 diterima, ada hubungan bermakna antara Kepatuhan Konsumsi Fe (Sulfas Ferrous) Dengan Kadar Hemoglobin Pada Ibu Hamil Trimester III. **Kesimpulan** dari penelitian ini Ada hubungan bermakna antara Kepatuhan Konsumsi Fe (Sulfas Ferrous) Dengan Kadar Hemoglobin Pada Ibu Hamil Trimester III.

Kata kunci: Ibu Hamil, Kepatuhan, Tablet Fe, Kadar Hemoglobin

**CORRELATION OF COMPLIANCE WITH FE (SULFAS FERROUS) CONSUMPTION
WITH HEMOGLOBIN LEVELS IN THIRD TRIMESTER PREGNANT WOMEN**
(Study at the Puskesmas Sugihwaras Bojonegoro District)

ABSTRACT

Introduction Until now anemia is still a major nutritional problem suffered by pregnant women. The program for giving iron tablets (Fe) to pregnant women who suffer from anemia shows less tangible results due to the suboptimal adherence to taking iron (Fe) tablets and the iron status of women of reproductive age before pregnancy is very low and also the level of compliance of pregnant women in consuming them is not optimal. The research objective was to determine the relationship between compliance with Fe consumption and Hb levels in pregnant women in the third trimester at the Sugihwaras Public health, Bojonegoro Regency. This research this study used an analytical method with a cross sectional approach. The research was conducted in June 2020. The population in this study were all third trimester pregnant women at the Sugihwaras Public health, Bojonegoro Regency, amounting to 35 pregnant women, the total sample of 35 pregnant women was taken by total sampling technique. The instrument used was observation. Then the data was processed through editing, coding, scoring and tabulating as well as data analysis using the Spearman's