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ASUHAN KEPERAWATAN KLIEN YANG MENGALAMI INFEKSI SALURAN KEMIH (ISK) DENGAN MASALAH HAMBATAN ELIMINASI URINE

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ABSTRAK

Pendahuluan Hambatan eliminasi urine merupakan proses hilangnya cairan urine yang tidak terkendali berhubungan dengan distensi kandung kemih yang berlebihan. Tidak ukur karakteristiknya antara lain : nyeri saat berkemih, BAK sering, kemih keluar sedikit secara terus menerus, dotongan berkemih, nokturia, tidak mampu menahan urine, tidak mampu mengeluarkan urine. **Tujuan** penelitian adalah menguami *nursing care* pasien ISK dengan *problem* hambatan eliminasi urine. **Telitian** ini mengaplikasikan **Metode** deskriptif studi kasus. **Subjek** melibatkan 2 klien. **Strategi** pengumpulan data meliputi Tanya jawab, pengamatan dan pencatatan. **Hasil** studi kasus pada keduanya didapatkan satu diagnosa prioritas yaitu hambatan eliminasi urine berhubungan dengan *perilaku* multiple ketidakmampuan mengeluarkan urine secara tuntas. Setelah dilakukan tindakan selama 3 hari berturut-turut klien mampu berkemih dengan dipasang DC. Urine yang dikeluarkan perlahan tuntas, namun masih merasakan nyeri. Untuk itu perawatan maupun pengobatan tetap dilanjutkan. **Kesimpulan** Hasil pengamatan pembahasan diatas terdapat perbedaan pencapaian keberhasilan akan tetapi *problem* hambatan eliminasi urine dapat teratasi bertahap hingga tuntas. **Saran** yang diberikan penulis terkait asuhan keperawatan, hambatan eliminasi urine, semoga menjadi media literature review jurnal ilmiah serta bahan referensi dalam proses pembelajaran khususnya bagi mahasiswa keperawatan.

Kata kunci : asuhan keperawatan, hambatan eliminasi urine, kandung kemih

NURSING CLIENTS TREATMENT THAT EXPERIENCES URINARY TRACT INFECTION (UTI) WITH PROBLEMS OBSTACLES OF URINE ELIMINATION
(Study at Bangil Pasuruan Regional Hospital)

ABSTRACT

Introduction Urine elimination barriers are uncontrolled urine fluid loss processes associated with excessive bladder distension. Benchmark characteristics include: pain when urinating, urinating often, urinals overflow, continuous urge to urinate, nocturia, unable to hold urine, unable to pass urine. **The purpose** of the study was to meet the nursing care of UTI patient with problems of urinating elimination. This research uses a descriptive case study **method**. Research subjects involved 2 clients. Data collection strategies include question and answer, observation and recording. **The results** of the case studies in both of them obtained one priority diagnosis, namely inhibition of urine elimination associated with multiple inability to completely pass urine. After taking action for 3 consecutive days the client is able to urinate with a DC attached, the urine that is released slowly is complete, but still feels pain, for that care and treatment continue. **The Conclusion** results of the discussion above there are differences in the achievement of success but the problem of elimination of urine can be overcome gradually until complete. **Suggestions** given by the author regarding nursing care, obstacles to elimination of urine, hopefully become a media for scientific journal review literature and reference materials in the learning process, especially for nursing students.